



Access Statement For Six Castlegate Guest House

Introduction

We aim to cater for the needs of all visitors in our 6 bedroom Guest House but please be aware that the house is nearly 300 years old and is not ideal for those guests with limited mobility.

The following statement is a summary of our provision. If you have any specific questions please feel free to call us and we will endeavour to help.

Pre-Arrival

- Castlegate is an old narrow street with a narrow pavement on our side of the street
- Bus services stop in the Main Street about 600 metres away
- The main train station at Workington is 20 minutes away by car.
- Car parking is available in public car parks and Cockermouth Leisure Centre between 70 metres and 150 metres away. We do not have our own car park
- We have a website
- You can contact us via phone, text or email

Main Entrance & Reception

- The front door has one step and three further steps into reception
- The front door is always locked but has a push bell which will ring throughout the house
- The doors are double opening and 110cm wide
- On entry into our home there is a reception hall 3.1metres by 4.9metres.
- There is seating provided in the hallway
- There is solid wood flooring throughout the ground floor

Public Areas

- Our corridors to the ground floor Butlers Pantry single bedroom and breakfast room are 110cm wide
- Corridors have a good colour contrast and are well lit
- The flooring on all corridors on the ground floor is solid wood
- The covering on stairs and upstairs corridors is short pile carpet
- The breakfast room and Butlers Pantry bedroom are on the ground floor.
- There are 9 stairs to a half landing followed by a further 9 stairs to the first floor landing and Melbreak double bedroom.
- There are 9 further stairs to a half landing and Blencathra double bedroom followed by a further 9 stairs to a landing and Scafell double bedroom, Skiddaw double bedroom and Latrigg double bedroom.
- The stairs are 18cm high, 24cm deep and 100cm wide

Dining Room

- Breakfast is served in the Dining room on the ground floor.
- Furniture is flexible and can be moved on request.
- Menus can be provided in large print.
- We do not play background music in any area of the B&B

Leisure Facilities

- We have company membership of Cockermonth Leisure Centre which has a pool, fitness centre, climbing wall and other facilities. This is approximately 300 metres to their entrance

Bedrooms

We have 6 bedrooms, one on the ground floor, one on the first floor, one on an intermediate floor and three on the second floor.

Ground floor bedroom Butlers Pantry (single ensuite)

- Main door width is 90cm
- Has 1 single bed
- Television with remote control and teletext plus radio
- One bedroom chair with no arms is provided in the room.
- Fitted short pile carpet on the floor
- There is an ensuite shower room

First floor bedroom Melbreak (double/twin ensuite)

- Main door width is 90cm and bathroom door width is 76cm.
- Double bedded room
- There is an ensuite bath room with shower above the bath
- The bath has no grab rails – we do provide non slip mat
- Television with remote control and teletext plus radio
- Fitted short pile carpet on the bedroom floor

Second floor bedroom Blencathra (double/twin ensuite)

- Three steps up into bedroom from half landing
- Double opening doors are 95cm wide
- Double bedded room
- There is an ensuite shower room with 110cm x 75cm cubicle
- There is a TV with teletext and radio
- Fitted short pile carpet on the floor

Third floor bedroom Scafell (double ensuite)

- Door width is 85cm wide
- One step down into bedroom
- Double bedded room
- There is an ensuite bath room with double ended bath and hand shower attached to taps
- There is a TV with teletext and radio
- Fitted short pile carpet on the floor

Third floor bedroom Skiddaw (double ensuite)

- Door width is 85cm wide
- Double bedded room
- There is an ensuite shower room
- There is a TV with teletext and radio
- Fitted short pile carpet on the floor

Third floor bedroom Latrigg (double/twin ensuite)

- Door width (main and bathroom) are 76cm wide
- Double bedded room
- There is an ensuite shower room
- There is a TV with teletext and radio
- Fitted short pile carpet on the floor

Additional Information

- Mobile phone reception is generally good
- If you require assistance for evacuating please notify us on arrival and we will ensure you are evacuated safely e.g. hearing impairment.
- We are a no smoking building
- We can put items of medication/food in our main fridge on request (not available 24hours).

Contact Information

- Address: Six Castlegate Guest House, Castlegate, Cockermouth, Cumbria CA13 9EU
- Telephone: 01900 826786
- Email: info@sixcastlegate.co.uk
- Website: www.sixcastlegate.co.uk
- Hours of operation: Closed 20th December-29th December.
- Mainline phone will be answered 8.00am to 10.00pm